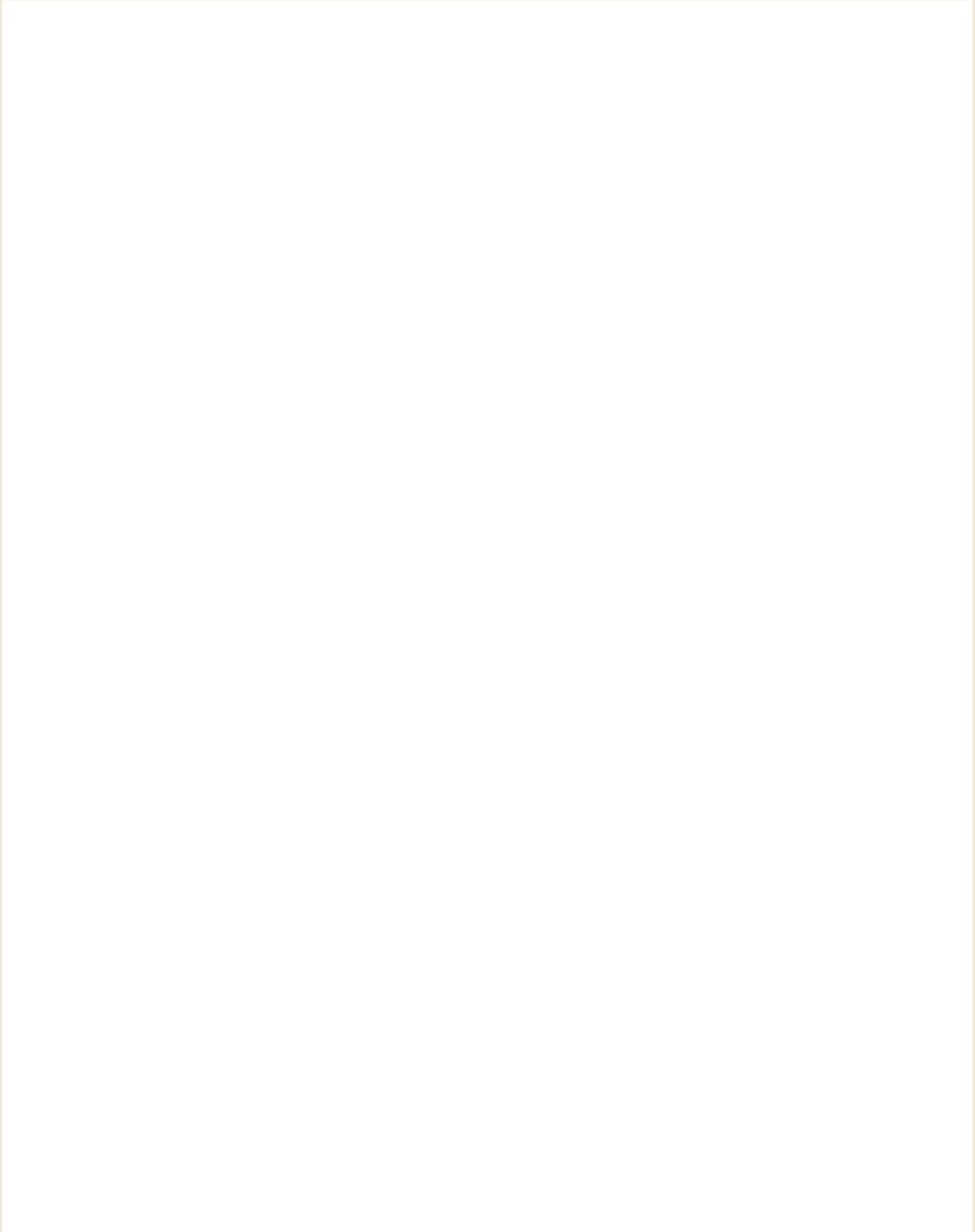


1. HOW IS UNCERTAINTY SHOWING UP FOR YOU IN THIS SEASON?

How is your fear of it manifesting in your actions and choices?

What is out of your control that you are trying to control?



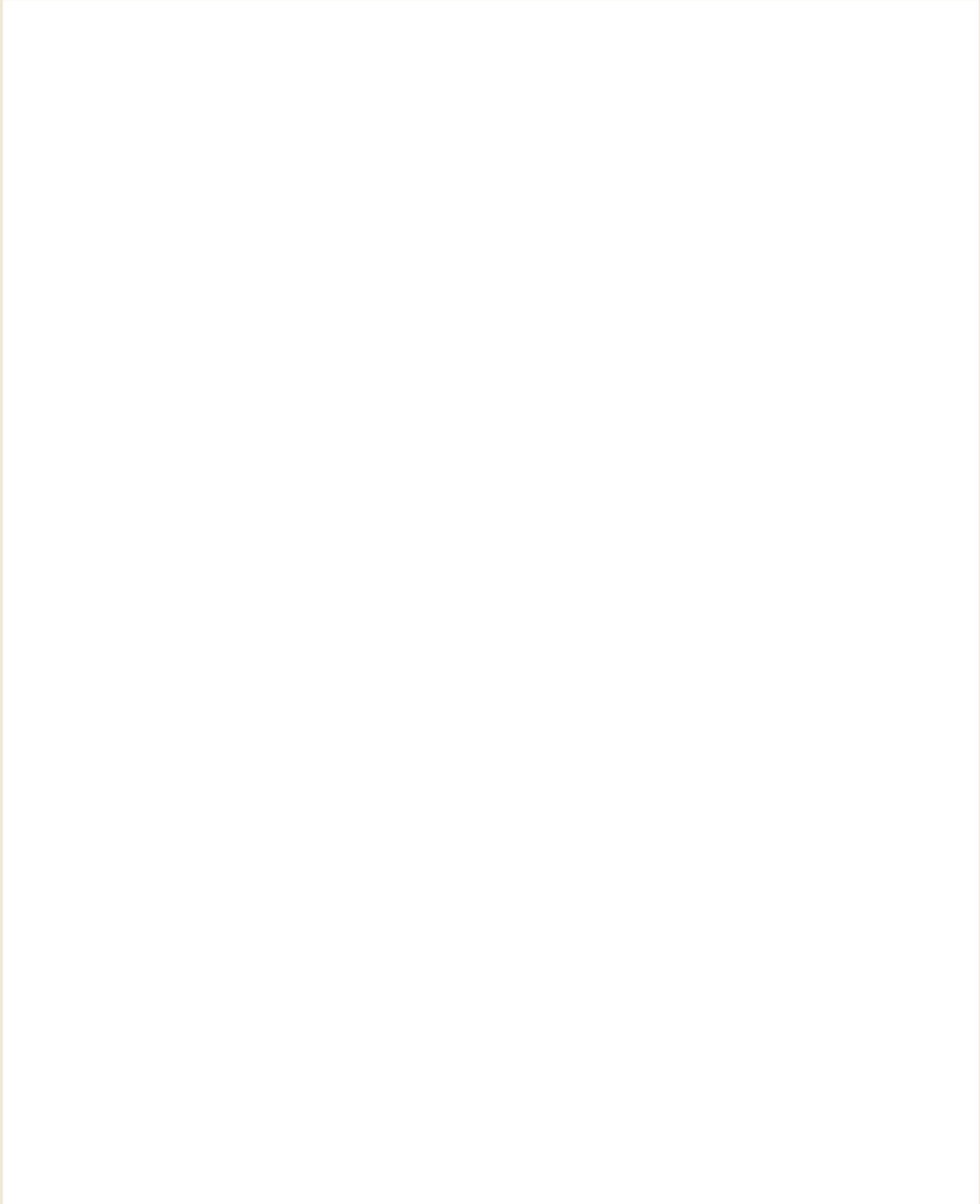
2. WHAT ARE YOU TRYING TO MAKE HAPPEN IN THIS SEASON?

What are the core goals, priorities, and intentions guiding you in your business?




3. WHAT UNCERTAINTY DO YOU NEED TO SURRENDER TO IN THIS SEASON?

What is out of your control as you pursue this next milestone or goal? Think about the ways you're currently trying to control the outcome, of what uncertainty is filling you with anxiety and fear right now. Ask yourself: How can I accept these as parts of the journey and let go of trying to control what cannot be controlled?



4. WHAT CAN YOU CONTROL IN THIS SEASON?

Make a list of everything that is in your control, from the action you'll take, to the focus and devotion you'll show up with, to the courage you'll hold onto even when fear is trying to take over the steering wheel.

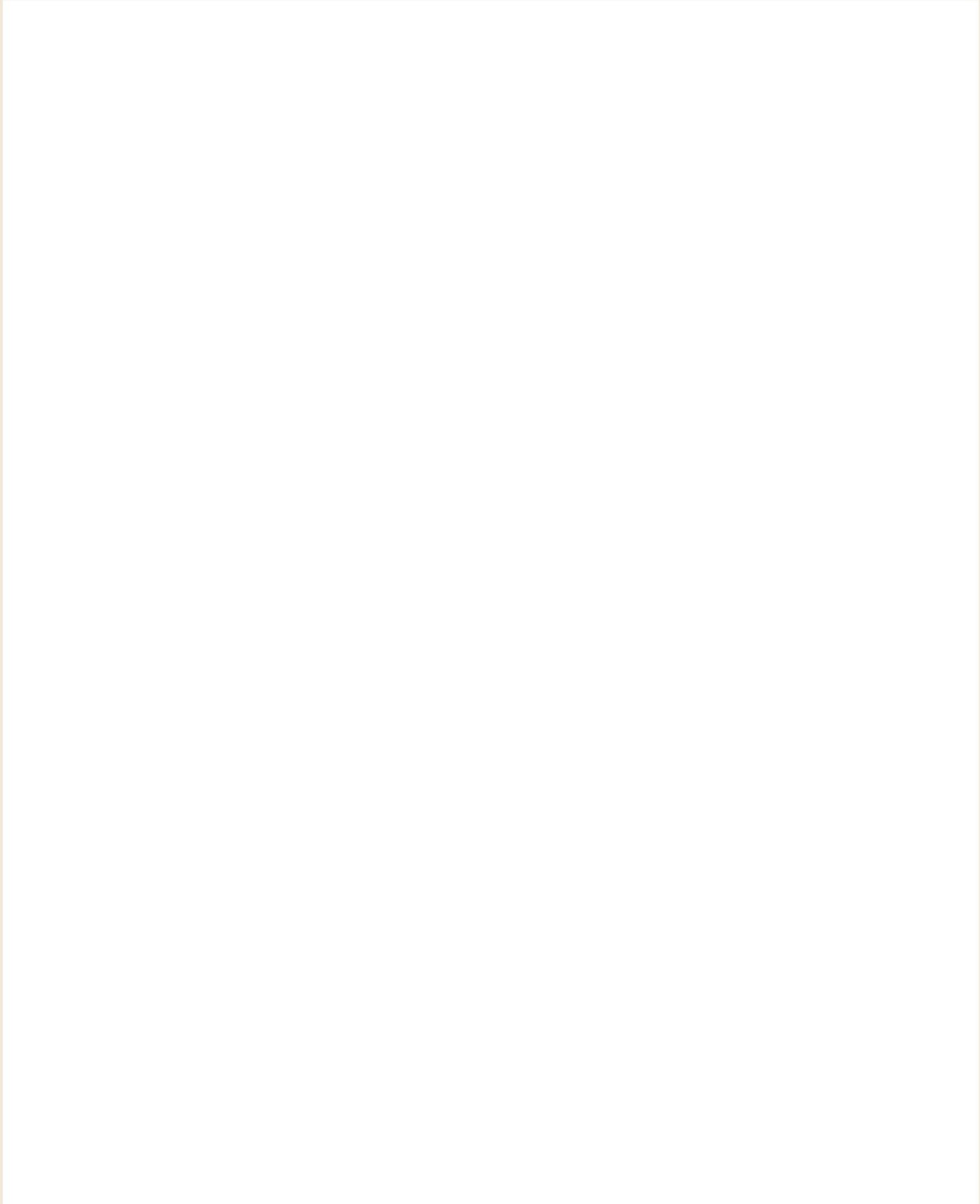


WHAT YOU CAN CONTROL

WHAT YOU CAN'T CONTROL

5. HOW WOULD YOU SHOW UP IN THIS SEASON IF YOU ACCEPTED THE UNCERTAINTY THIS JOURNEY BRINGS?

How would you focus on the areas where you can actually make a difference and move the needle? What would it look for you to be brave enough to get in the arena even when there's no guarantee of where it will take you next?



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